

ANTARA OFFERINGS



Clinical Expertise

- Multi-disciplinary care team
- In-depth patient profiling
- Personalised behavioural care plan
- 24x7 medical cover
- Regular counselling intervention



Specialized Therapies

- Occupational therapy
- Balancing therapy for fall risk
- Cognitive stimulation therapy
- Speech and swallow therapy



State-of-the-art infrastructure

- Designated therapy areas
- Multi-sensory environment
- 24x7 security and surveillance
- Senior friendly independent rooms



Mental and Emotional Wellbeing

- Dementia trained caregivers
- Mental stimulation activities
- Regular family connect
- Community celebrations



ANTARA MEMORY CARE HOME

**First-of-its-kind facility
for holistic care of
Dementia patients
now in Gurugram.**

To know more, call us now  **+91 98114 41111** www.antaraseniorcare.com

Location: M – 200 South city 1, Gurugram

Overview

Dementia can interfere with the daily functioning of an individual and lead to frustration and lack of confidence.



SYMPTOMS

Dementia can be a result of many risk factors, from genetics to lifestyle. Here are some indicators that can help you understand these better:

- Memory loss.
- Difficulty in performing daily tasks.
- Disorientation & confusion regarding time and place.
- Poor or decreased judgement about day-to-day things.
- Misplacing things.
- Sudden change in behaviour.
- Trouble with images and spatial relationships.
- Speech difficulties.

Knowledge against Dementia is the first step towards fighting it.

Answering FAQ's regarding Dementia

①

Is Dementia an age related condition?

Contrary to popular belief, Dementia and age have no direct correlation. It is entirely different than normal old age forgetfulness.

②

Is Dementia and Alzheimer's the same disease?

Dementia is an umbrella term that is used to describe symptoms that impact memory, hamper daily functions and also make communication tough, whereas Alzheimer's is the most common type of Dementia.

③

Is Dementia a genetic disease?

While genetics can be a risk factor, not all types of Dementia are inherited.

④

Can life be normal after Dementia?

With proper care and symptoms management people diagnosed with it can lead relatively normal lives. It must be realised that time is of essence when it comes to Dementia and the treatment should start as soon as the diagnosis has been given.

⑤

Are all Dementia patients aggressive?

While cases vary, confusion and difficulty in communicating in Dementia patients can often lead to anger outbursts.



Introducing

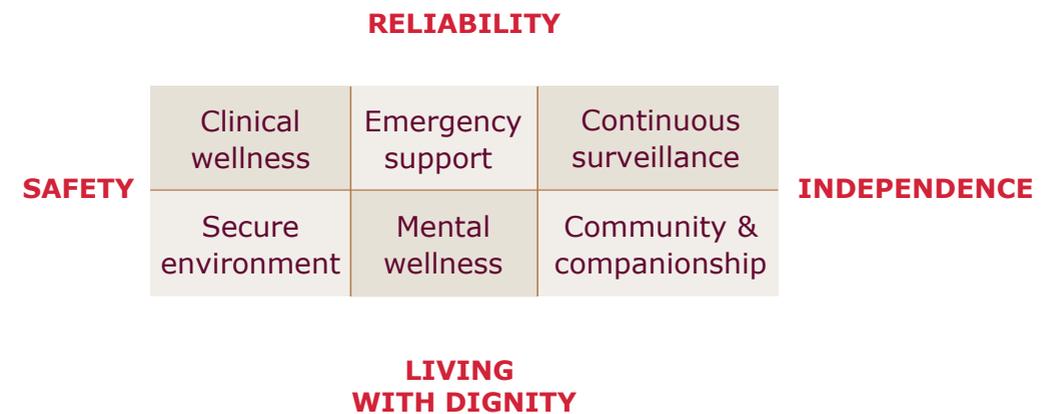
ANTARA MEMORY CARE HOMES

Antara recognizes the need for specialized and focused care for dementia patients. Our Memory Care Home offers clinical wellness solutions, mental stimulation activities and emergency support for patients enabling them to lead their lives with dignity. Continuous surveillance of the facility provides peace of mind to the family regarding their patient's safety.

**ANTARA IS PROUD TO LAUNCH AT
M – 200 South city 1, Gurugram**

Our care for Dementia patients is based on four pillars:

DESIGN FRAMEWORK



People at Antara Memory Care Homes

- **Multi-specialized care team** consisting of General Physicians, Psychological Counsellors, Physiotherapists, Psychiatrists, Nurses and Attendants.
- **Background-verified** caregivers.
- **Dementia care experts** and trained staff.



Processes at Antara Memory Care Homes



- **Extensive initial assessment** and customised care plan covering clinical, physical and mental health.
- **Disease progression** review and recording.
- Focus on **behavioural activities** and continuous engagement for brain simulation.
- **Emergency** management protocols.
- Bunch of **therapies specially designed for memory care** – art therapy, fragrance therapy, green care therapy, love to move therapy, etc.
- Regular **psychological counselling** sessions and reviews.
- **Weekly family connect** and updates.