



ANTARA

A Max Group Company

Care  
Homes

## COMFORTABLE HOMES WITH INTEGRATED HEALTH SERVICES



Continuous medical care and  
assistance in daily living to your elders

**Assisted living**

**Rehabilitation**



**Recuperative care**

**Memory care**

---

 **A Max Group Company**

# FROM THE COMFORT OF YOUR HOME TO THE WARMTH OF OURS

Antara Care Homes are specialised residential facilities available with options of short & long term care, pre & post-operative care, and memory care, for seniors. They are thoughtfully designed to cater to seniors in need of assistance in daily living.



## — OUR OFFERINGS —

### **Assisted living**

Comfortable accommodation and comprehensive care for seniors staying alone and in need of medical assistance

---

### **Recuperative care**

Recuperation packages for pre and post hospitalization care

---

### **Rehabilitation**

Customised on-site physiotherapy and rehabilitation

---

### **Memory care**

Specialized community offering for Dementia and Alzheimer seniors

# OUR SERVICE OFFERING

<b>Service offering</b>	<b>Long Term Care</b> Assisted living stay for seniors	<b>Short Term Care</b> Pre and Post operative care	<b>Memory Care</b> Community living for those seniors who have Dementia and Alzheimer's
<b>24*7 Clinical Cover</b> with GP review	✓	✓	✓
<b>Emergency</b> clinical protocols and hospital transfer support	✓	✓	✓
In house <b>Physiotherapy</b>	✓	✓	✓
<b>Skilled Nursing</b> and care givers for <b>medication &amp; procedural support</b>	✓ Geriatric trained	✓ Specialty care trained	✓ Dementia trained
<b>Customised meals</b> as per health conditions	✓	✓	✓
<b>Senior Friendly Rooms</b> with Grab bars, anti skid mats etc	✓	✓	✓
<b>Diagnostic support</b> like Xray, ECG, blood investigations	✓	✓	✓
<b>24*7 Safety</b> and security with CCTV and guards	✓	✓	✓
<b>Special features</b>	<ul style="list-style-type: none"> <li>• <b>Engagement Calendar</b> based on Wellness Pillars of Antara</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Speciality care plans</b> and expertise</li> <li>• <b>Critical Care setup</b></li> <li>• <b>Infection Control</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Specialised Therapies</b> inc. cognitive, OT, mental simulation</li> <li>• <b>Multi sensory and Therapeutic</b> environment</li> <li>• <b>Clinical Assessment</b> and care by Multi disciplinary clinical team</li> </ul>

## — ANTARA ADVANTAGES —



### **Senior-friendly rooms**

- Anti-skid tiles and grab handles to avoid slips and falls
- Nurse call buttons in rooms and bathrooms for quick response



### **Personalized care plan**

- Customised care plan co-created with the treating clinician
- Engagement activities to keep them physically active and cognitively stimulated



### **24/7 Medical care**

- 24/7 nursing care & attendants
- Medication assistance and emergency support
- In-house diagnostics & availability of medical equipment



### **Nutritionally assisted meals**

- Nutritionally-rich and freshly prepared meals tailored to health requirements
- Home-like meals



### **Doctor coverage**

- Regular general physician (GP) connect



### **Safety & security**

- Flexibility for long or short stay based on specific medical requirements

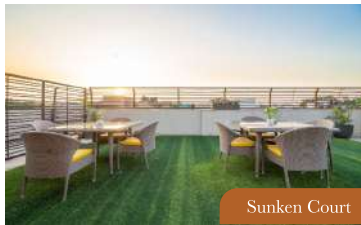
## — MAX LEGACY —

Over the decades, the Max Group has built a well-established legacy when it comes to trust and reliability. Taking these values forward, we have created an ecosystem that provides care, companionship, and comfort to recuperating seniors.

With a clear focus on offering exceptional primary and emergency healthcare services in a homely environment, it promotes holistic wellness and healing.



Suite Room



Sunken Court



Engagement



Nurse Station



ICU set up



Lounge Area

## — LOCATIONS —



### Gurugram

- DLF Phase-II
- Sector - 38
- South City 1



### New Delhi

- Greater Kailash-II
  - Dwarka
  - Jasola Vihar



ANTARA

A Max Group Company

Care Homes  
Care at Home  
MedCare Products



Scan this QR Code to view our facility video

For further details,  
call **+91 9811 44 1111**  
visit **antaraseniorcare.com**

---

We are following all COVID-19 protocols  
to ensure your safety and well-being.